

Meet the Team

Program Director: **Mark Stoutenberg, PhD.**

Education: MS, PhD (UMiami) – Exercise Physiology
MSPH (UMiami) – Public Health

Qualifications: CPR Certified

Experiences: Directed community-based wellness programs over the past 7 years in South Florida; coordinator of exercise and integrated wellness programs for cancer survivors; coordinator of a diabetes prevention program in Venezuela; advisor on obesity to the Ministry of Health & Sports in Aruba; involved in physical activity promotion in Colombia.



Program Coordinator: **Ashley Falcon, MPH**

Education: MPH (U of South Florida) - Health Education
PhD (UMiami) - Epidemiology (in progress)

Qualifications: Certified Nutrition Consultant
CPR and First Aid Certified/Certified BLS Instructor

Experiences: Wellness Programs Director at UMiami Herbert Wellness Center for community members, employees, and students; works with individuals at-risk for chronic diseases; frequently conducts health presentations, nutrition consultations, and cooking demonstrations; assists in the implementation of an annual campus-wide pedometer walking program; coordinates UMiami participation in the Miami Mercedes-Benz Corporate 5K Run/Walk.



The FOGO Wellness Team

Nate Boire – MPH Graduate Student (UMiami)
Certified National Registry EMT, CPR Certified

Christian Cruz – Miami-Dade College Student,
CPR and First Aid Certified

Veronica Lopez – MPH Graduate Student (UMiami),
CPR and First Aid Certified

Selina Stasi – MPH Graduate Student (UMiami),
Certified National Strength & Conditioning Personal Trainer

Bryan Stepanenko – MD/MPH Medical Student (UMiami)
Certified Paramedic (NREMT), CPR Certified