

The Human Resources Department's WellnessWorks Program invites you to the...



8th Annual

Family Fun Day



& Obstacle Course

Presented by Mayor Daniella Levine Cava

**Saturday,
November 9th**

6:00 am – 12:00 noon

Amelia Earhart Park
401 E 65th Street, Hialeah, FL 33013

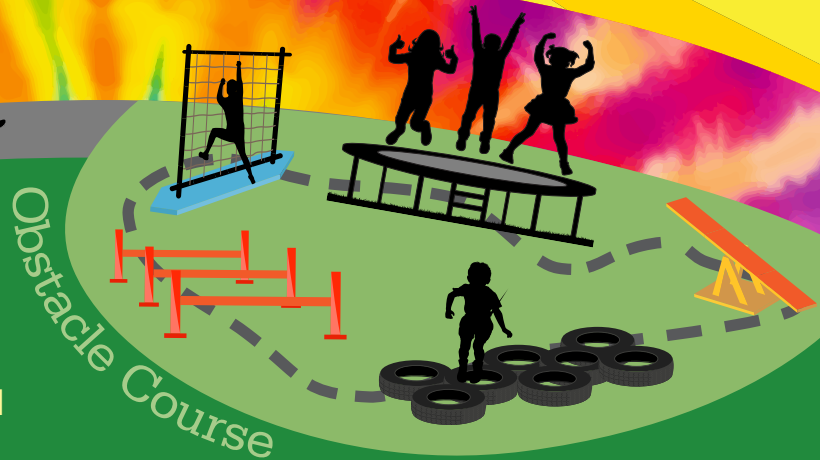
There's something for everyone at this year's Family Fun Day!

New this year compete in the fun and challenging **Obstacle Course**. Jump and dive through the hurdles while family and friends cheer you on.

And for those who prefer the more traditional competition, run/walk in the **5k Race**. All levels are welcome in both.



5K Race



Obstacle Course

The Fun Continues with...



Community Partners and Groups with Giveaways, Prizes and lots of valuable information

Shopping Area with treats and groovy seasonal merchandise

**Registration open
August 19 – November 9**

▶ **EARLY REGISTRATION UNTIL SEPTEMBER 21, 2024**

Guarantees T-shirt sizing and complete race day packet.

▶ You **MUST** register by November 9, 2024 prior to event start time.

▶ All participants must register online for this event. Click or visit website below or scan QR code for Online Registration.

<https://runsignup.com/Race/FL/Miami/MDC5kFamilyFunDay>



Scan QR code for Online Registration

Race Schedule

OBSTACLE RACE & 5K RACE

- 7:00 am.....5K Advanced Participants
- 7:30 am.....5K General Race Participants
- 9:00 am.....5K Race Start Closes
- 10:00 am5K Awards Ceremony
- 10:15 amObstacle Course Waves Start

Additional Activities

- Yoga/Stretch Sessions – 7:30 am & 9:00 am
- Massages

Registration Prices

- Fun Day Only..... \$5
- 5k Only\$10
- Obstacle Course Only.....\$10
- Fun Day/5K.....\$15
- Fun Day/Obstacle Course...\$15
- 5k/Obstacle Course \$20
- Fun Day/5K/
Obstacle Course.....\$25

For more information contact WellnessWorks@miamidade.gov

Administered by the Human Resources Department's Benefits and Employee Support Services Division



To request materials in an accessible format, sign language interpreters, and/or any accommodation to participate in any County-sponsored program or meeting, please contact Takia Burnett at 305-375-4585 or takia.burnett@miamidade.gov five days in advance to initiate your request. TTY users may also call 711 (Florida Relay Service).