



## CHILDREN'S MENTAL HEALTH RESOURCE GUIDE



One of my greatest responsibilities as Mayor is helping ensure every child in Miami-Dade County has the opportunity to grow up healthy, safe, and supported. As a mother, grandmother, social worker, and lifelong advocate for children, I believe it is our collective responsibility to help every child achieve his or her potential.

Strong mental health helps children build healthy relationships, succeed in school, overcome challenges, and reach their fullest potential. It is just as vital as physical health and just as with our physical health, we all face challenges. Sometimes children struggle with anxiety, sadness, grief, trauma, or changes in their lives that can feel overwhelming, for them and for the adults who love them. When a child is struggling emotionally or experiencing behavioral challenges, it can be hard to know where to turn, and having that knowledge can make all the difference. The

most important thing I want every family to know is this: you are not alone, and help is available.

That is why the Mayor's Children's Commission created this Child & Youth Mental Health Resource Guide. Our goal is to make it easier for families to connect with trusted mental health services, community programs, and caring professionals who can help children and young people thrive. No family should ever feel they have to face these challenges alone.

Reaching out for help is a sign of strength. Finding early support can change the course of a child's life, and strengthen not just families but our entire community. Again, no family should ever feel they have to face these challenges alone.

Together, we are building a Miami-Dade County where every child is seen, every family is supported, and every young person has the opportunity to thrive.

With care,

Daniella Levine Cava

*Mayor, Miami-Dade County*

*Daniella Levine Cava*



**Is your child having a hard time? Has something difficult happened in your child's life?**

**You are not alone. Many families go through hard times.**

**Asking for help is a sign of strength.**

This Resource Guide can help you find **free or low-cost** mental health services for children and families in Miami-Dade County. Inside, you will find professionals and programs that can help your child and your family. **Even babies and toddlers** can be affected by stressful or scary events. This can include a divorce, the death of someone they love, moving to a new home, seeing violence, or other upsetting experiences. The first section of this guide lists providers who are **specially trained to help young children** and their caregivers.



If your child is in crisis, help is available. If your child is talking about hurting themselves or someone else, or their behavior feels unsafe, call or text **988**. You can also call **Miami's 24-hour Crisis Hotline at 800-HELP-YOU (800-435-7968)**. They can send a Mobile Response Team to meet with you and help decide what your child needs.

Remember to take care of yourself, too. When parents and caregivers get support, you are better able to help your children. The National Alliance on Mental Illness (NAMI) offers free classes, support groups, and other resources for families. Call **(305) 665-2540** or visit **<https://namimiami.org>**.

If someone important in your family has died, you do not have to go through it alone. The Children's Bereavement Center offers free grief support for children, teens, and adults. Call (888) 988-5438 or visit **<https://childbereavement.org>**.

**Use this guide to find trusted mental health services for your family. You can also:**

- Call **211** to find local help in Miami-Dade County.
- Visit **[faimh.org/therapist-directory](https://faimh.org/therapist-directory)** to find specialized therapists who help babies and young children with their behavior.
- Visit **<https://mdcpsmentalhealthservices.net/>** to learn about mental health services offered through Miami-Dade County Public Schools, or ask your child's school counselor for help.

For more information on prevention programming for youth experiencing behavioral or family challenges, or which may be at risk of arrest, please visit **[miamidade.gov/socialservices](https://miamidade.gov/socialservices)**. Services provided include individualized assessments, referrals, and case management. Eligibility requirements include that referred youth must be 17 years of age or younger, have no open delinquency cases, and must reside in Miami-Dade County.

## Section 1. Services for Infants & Young Children (Birth–5 years)

| Program Name & Address                                                                                                                                              | Services Provided                                                                                                                                                                                                                                            | Contact Information                                                                                                                               |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Sant La Haitian Neighborhood Center</b><br><br>13450 W Dixie Highway,<br>North Miami, FL 33161                                                                   | Free (grant-funded) Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for children age 3-18;<br><br>Culturally Informed & Flexible Family-Based Treatment for Adolescence (CIFTA), age 11-18; Available in English & Haitian Creole                       | <b>Phone:</b> (305) 573-4871<br><br><b>Email:</b> info@santla.org<br><br><b>Website:</b> santla.org                                               |
| <b>Chrysalis Health</b><br><br>815 NW 57th Ave, Suite 480,<br>Miami, FL 33126                                                                                       | Therapy, psychiatry, and case management for children age 3-18                                                                                                                                                                                               | <b>Phone:</b> (888) 587-0335<br><br><b>Website:</b> chrysalishealth.com                                                                           |
| <b>Florida International University Center for Children &amp; Families</b><br><br>AHC 1, 11200 SW 8th St Room 140,<br>Miami, FL 33199                               | Free (grant-funded) Parent-Child Interaction Therapy (PCIT) for children age 2-12;<br><br>Free (grant-funded) Trauma-Focused Cognitive Behavior Therapy (TF-CBT) for children age 3-17;<br><br>Psychiatric consultation                                      | <b>Phone:</b> (305) 348-0477<br><br><b>Email:</b> ccf@fiu.edu<br><br><b>Website:</b> ccf.fiu.edu                                                  |
| <b>University of Miami Mailman Center for Child Development, Miller School of Medicine</b><br><br>1601 NW 12th Ave,<br>Miami, FL 33136                              | Free (grant-funded) Parent-Child Interaction Therapy (PCIT) for children age 2-12;<br><br>Pediatric Psychology Clinic, offering outpatient therapy and behavioral evaluation services, for children age 6-18                                                 | <b>Phone:</b> (305) 243-6857<br><br><b>Email:</b> jjent@med.miami.edu<br><br><b>Website:</b> pediatrics.med.miami.edu                             |
| <b>Citrus Health Network Early Childhood Department</b><br><br>8200 NW 33rd Street Suite 102,<br>Miami, FL 33122                                                    | Child-Parent Psychotherapy for infants and children up to age 5;<br><br>Free (grant-funded) Parent-Child Interaction Therapy (PCIT) for children age 2-7;<br><br>Free (grant-funded) Trauma-Focused Cognitive Behavior Therapy (TF-CBT) for children age 3-8 | <b>Phone:</b> (305) 424-3043<br><br><b>Email:</b> ECDreferral@citrushealth.com<br><br><b>Website:</b> citrushealth.org/early-childhood-department |
| <b>Advocacy Network on Disabilities</b><br><br>7990 SW 117th Ave, Suite 135,<br>Miami, FL 33183                                                                     | Free (grant-funded) Trauma-Focused Cognitive Behavior Therapy (TF-CBT) for children age 3-22 with developmental or other disabilities                                                                                                                        | <b>Phone:</b> (305) 596-1160<br><br><b>Website:</b> advocacynetwork.org                                                                           |
| <b>University of Miami Center for Autism &amp; Related Disabilities (CARD)</b><br><br>5665 Ponce de Leon Blvd,<br>Flipse Bldg, 2nd Floor,<br>Coral Gables, FL 33146 | Free services and support for children with autism & related disabilities                                                                                                                                                                                    | <b>Phone:</b> (305) 284-6563<br><br><b>Email:</b> card@miami.edu<br><br><b>Website:</b> card.miami.edu                                            |

## Florida I/ECMH Endorsed\* Infant & Early Childhood Mental Health Therapists serving Miami-Dade:

| Name                             | Email                            | Phone        |
|----------------------------------|----------------------------------|--------------|
| Stephanie Amador, IMH-E®         | slopez@citrushealth.com          | 786-797-2838 |
| Alexandra Alfonso, IMH-E®        | aalfonso422@gmail.com            | 786-973-2593 |
| Silvia Alvarez McBride, IECMH-E® | samlmhc@gmail.com                | 305-753-9316 |
| Margie Alvarez Sosa, IMH-E®      | Margies@citrushealth.com         | 305-424-3043 |
| Maria Angee, IMH-E®              | mangee@jcsfl.org                 | 305-394-5708 |
| Muriel Ayala, IMH-E®             | muriel@lotushouse.org            | 954-261-0190 |
| Nicole Bortnik, IMH-E®           | nicolebortnik@gmail.com          | 305-903-5569 |
| Veronica Castro, IMH-E®          | vcastro@citrushealth.com         | 305-588-4727 |
| Shana Cox, IMH-E®                | shanacoxlcswh@gmail.com          | 305-342-1176 |
| Diana De La Lanza, IMH-E®        | delalanza.lmhc@gmail.com         | 786-547-5086 |
| Elizabeth Erban, IMH-E®          | elizabetherbanttherapy@gmail.com | 786-505-1459 |
| Julieta Hernandez, IMH-E®        | jhernand@med.miami.edu           | 305-243-6864 |
| Latasha James-Bodie, IMH-E®      | ljbodie5@gmail.com               | 305-310-2211 |
| Noemi Marquez, IMH-E®            | namarquez@counselandconnect.org  | 786-346-0877 |
| Melina Meguerian, IMH-E®         | mmeguerian@med.miami.edu         |              |
| Gabriella Ocner, IMH-E®          | gocner@citrushealth.com          | 786-209-2123 |
| Joanne Palenzuela, IMH-E®        | jpalenzuela@miami.edu            | 305-815-4002 |
| Tania Ramirez, IMH-E®            | tramirez49@hotmail.com           | 305-775-4149 |
| Ireysis Ramos Garcia, IMH-E®     | ireysis@lotushouse.org           | 786-426-1303 |
| Marimer Ramos-Pagán, IMH-E®      | mramos@citrushealth.com          | 305-817-1162 |
| Jordan Schumer, IMH-E®           | jschumer1@citrushealth.com       | 305-817-1176 |
| Patricia Taboas, IMH-E®          | patricia.taboas@gmail.com        | 305-572-7172 |
| Yashira Valdez, IMH-E®           | alendingearllc@gmail.com         | 954-736-6222 |

\* The I/ECMH Endorsement® is a professional recognition system that verifies a professional's knowledge, skills, and reflective practice experience in promoting infant and early childhood mental health. It is a globally recognized credential that FAIMH licenses from the Alliance for the Advancement of Infant Mental Health.

\*Becoming endorsed enhances professional credibility, confidence, and connects you with a network of like-minded peers. It ensures you have the culturally responsive and reflective skills needed to support early relational health in infants and families. Endorsement also verifies your expertise, guides career growth, and assures others of your high standards of care.

## Section 2. Services for Children (5-12 years)

| Program Name & Address                                                                                                                                              | Services Provided                                                                                                                                                                                                                                            | Contact Information                                                                                                                               |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Sant La Haitian Neighborhood Center</b><br><br>13450 W Dixie Highway,<br>North Miami, FL 33161                                                                   | Free (grant-funded) Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for children age 3-18;<br><br>Culturally Informed & Flexible Family-Based Treatment for Adolescence (CIFTA), age 11-18; Available in English & Haitian Creole                       | <b>Phone:</b> (305) 573-4871<br><br><b>Email:</b> info@santla.org<br><br><b>Website:</b> santla.org                                               |
| <b>Chrysalis Health</b><br><br>815 NW 57th Ave, Suite 480,<br>Miami, FL 33126                                                                                       | Therapy, psychiatry, and case management for children age 3-18                                                                                                                                                                                               | <b>Phone:</b> (888) 587-0335<br><br><b>Website:</b> chrysalishealth.com                                                                           |
| <b>Florida International University Center for Children &amp; Families</b><br><br>AHC 1, 11200 SW 8th St Room 140,<br>Miami, FL 33199                               | Free (grant-funded) Parent-Child Interaction Therapy (PCIT) for children age 2-12;<br><br>Free (grant-funded) Trauma-Focused Cognitive Behavior Therapy (TF-CBT) for children age 3-17;<br><br>Psychiatric consultation                                      | <b>Phone:</b> (305) 348-0477<br><br><b>Email:</b> ccf@fiu.edu<br><br><b>Website:</b> ccf.fiu.edu                                                  |
| <b>University of Miami Mailman Center for Child Development, Miller School of Medicine</b><br><br>1601 NW 12th Ave,<br>Miami, FL 33136                              | Free (grant-funded) Parent-Child Interaction Therapy (PCIT) for children age 2-12;<br><br>Pediatric Psychology Clinic, offering outpatient therapy and behavioral evaluation services, for children age 6-18                                                 | <b>Phone:</b> (305) 243-6857<br><br><b>Email:</b> jjent@med.miami.edu<br><br><b>Website:</b> pediatrics.med.miami.edu                             |
| <b>Citrus Health Network Early Childhood Department</b><br><br>8200 NW 33rd Street Suite 102,<br>Miami, FL 33122                                                    | Child-Parent Psychotherapy for infants and children up to age 5;<br><br>Free (grant-funded) Parent-Child Interaction Therapy (PCIT) for children age 2-7;<br><br>Free (grant-funded) Trauma-Focused Cognitive Behavior Therapy (TF-CBT) for children age 3-8 | <b>Phone:</b> (305) 424-3043<br><br><b>Email:</b> ECDreferral@citrushealth.com<br><br><b>Website:</b> citrushealth.org/early-childhood-department |
| <b>Advocacy Network on Disabilities</b><br><br>7990 SW 117th Ave, Suite 135,<br>Miami, FL 33183                                                                     | Free (grant-funded) Trauma-Focused Cognitive Behavior Therapy (TF-CBT) for children age 3-22 with developmental or other disabilities                                                                                                                        | <b>Phone:</b> (305) 596-1160<br><br><b>Website:</b> advocacynetwork.org                                                                           |
| <b>University of Miami Center for Autism &amp; Related Disabilities (CARD)</b><br><br>5665 Ponce de Leon Blvd,<br>Flipse Bldg, 2nd Floor,<br>Coral Gables, FL 33146 | Free services and support for children with autism & related disabilities                                                                                                                                                                                    | <b>Phone:</b> (305) 284-6563<br><br><b>Email:</b> card@miami.edu<br><br><b>Website:</b> card.miami.edu                                            |

## Section 2. Services for Children (5-12 years) *continued*

| Program Name & Address                                                                                                                                 | Services Provided                                                                                                                     | Contact Information                                                                                                 |
|--------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| <b>Center for Family Child Enrichment</b><br><br>1825 NW 167th Street, Suite 102,<br>Miami Gardens, FL 33056                                           | Individual and Family Therapy, Psychiatry, and case management                                                                        | <b>Phone:</b> (305) 624-7450<br><br><b>Email:</b> info@cfceinc.org<br><br><b>Website:</b> cfcecares.org             |
| <b>Banyan Community Health</b><br><br>3733 W Flagler St.<br>Miami, FL 33134                                                                            | Therapy, Psychiatry, and case management for children age 7-17                                                                        | <b>Phone:</b> (305) 774-3400<br><br><b>Website:</b> banyanhealth.org                                                |
| <b>Jackson Behavioral Health Hospital (UHealth)</b><br><br>1695 NW 9th Ave,<br>Miami, FL 33136                                                         | Outpatient behavioral health services for children age 6-17;<br><br>Crisis Unit (inpatient psychiatric stabilization)                 | <b>Phone:</b> (305) 355-7000<br><br><b>Website:</b> jacksonhealth.org                                               |
| <b>Jewish Community Services of South Florida</b><br><br>12000 Biscayne Boulevard,<br>North Miami, FL 33181                                            | Mental health counseling for children age 5-18                                                                                        | <b>Phone:</b> (305) 576-6550<br><br><b>Website:</b> jcsfl.org                                                       |
| <b>Citrus Health Network Pediatric Behavioral Health</b><br><br>4175 W 20th Ave,<br>Hialeah, FL 33012                                                  | Pediatric behavioral health, family therapy for children age 5-12;<br><br>Children's Crisis Unit (inpatient psychiatric intervention) | <b>Phone:</b> (305) 825-0300<br><br><b>Website:</b> citrushealth.org                                                |
| <b>University of Miami Child &amp; Adolescent Mood and Anxiety Treatment Program (CAMAT)</b><br><br>5665 Ponce de Leon Blvd,<br>Coral Gables, FL 33146 | Free (grant-funded) Cognitive Behavior Therapy treatment program for mood and anxiety disorders for children age 11-18                | <b>Phone:</b> (305) 284-9852<br><br><b>Email:</b> camatprogram@miami.edu<br><br><b>Website:</b> camat.psy.miami.edu |
| <b>Community Health of South Florida (CHI)</b><br><br>10300 SW 216th Street,<br>Miami, FL 33190                                                        | Pediatric & adolescent behavioral health                                                                                              | <b>Phone:</b> (305) 253-5100<br><br><b>Website:</b> chisouthfl.org                                                  |
| <b>Nicklaus Children's Hospital - Pediatric Psychiatry</b><br><br>3100 SW 62nd Ave,<br>Miami, FL 33155                                                 | Pediatric psychiatry and psychology for age 6-18;<br><br>Crisis Unit (inpatient psychiatric stabilization)                            | <b>Phone:</b> (305) 663-8439<br><br><b>Website:</b> nicklauschildrens.org                                           |
| <b>LSF Miami Bridge</b><br><br>2810 NW South River Drive,<br>Miami, FL 33125                                                                           | Youth shelter, counseling and crisis intervention, age 10-17                                                                          | <b>Phone:</b> (305) 635-8953<br><br><b>Website:</b> miamibridge.org                                                 |

## Section 2. Services for Children (5-12 years) *continued*

| Program Name & Address                                                                                                                                                                             | Services Provided                                                                                            | Contact Information                                                                                                      |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|
| <b>University of Miami Educational &amp; Psychological Studies Culturally Informed and Flexible Family Based Treatment (CIFFTA) Program</b><br><br>5202 University Drive<br>Coral Gables, FL 33124 | Free (grant-funded) Culturally Informed & Flexible Family-Based Treatment for Adolescence (CIFTA), age 11-18 | <b>Phone:</b> (305) 284-3040<br><br><b>Email:</b> kao43@miami.edu                                                        |
| <b>Kristi House</b><br><br>1265 NW 12th Ave.<br>Miami, FL 33136                                                                                                                                    | Trauma-Focused Cognitive Behavior Therapy (TF-CBT) for children age 5-17                                     | <b>Phone:</b> (305) 547-6800<br><br><b>Email:</b> info@kristihouse.org<br><br><b>Website:</b> kristihouse.org            |
| <b>Trauma Resolution Center</b><br><br>2650 SW 27th Ave., Suite 200<br>Miami, FL 33133                                                                                                             | Trauma-Focused Cognitive Behavior Therapy (TF-CBT) for children age 5-17                                     | <b>Phone:</b> (305) 374-9990<br><br><b>Email:</b> info@thetrcenter.org<br><br><b>Website:</b> traumaresolutioncenter.net |
| <b>MUJER</b><br><br>27112 South Dixie Highway<br>Naranja, FL 33032                                                                                                                                 | Counseling for children ages 5-16 who have suffered the effects of domestic violence and/or sexual abuse     | <b>Phone:</b> (305) 247-1388<br><br><b>Email:</b> receptionist@mujerfla.org<br><br><b>Website:</b> mujerfla.org          |
| <b>Affirming Youth Foundation Inc.</b><br><br>150 NW 79 Street, Suite 342<br>Miami, FL 33150                                                                                                       | Free (grant-funded) Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for children age 5-18               | <b>Phone:</b> (305) 230-4598<br><br><b>Email:</b> referral@affirmingyouth.org<br><br><b>Website:</b> affirmingyouth.org  |
| <b>Barry University's CARE Center</b><br><br>Family Wellness and Strengthening Program<br>11300 NE 2nd Ave.<br>Miami Shores, Florida 33161                                                         | Free (grant-funded) Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for children age 5-18               | <b>Phone:</b> (305) 915-5466<br><br><b>Website:</b> barry.edu/en/care-center                                             |
| <b>Gang Alternative, Inc</b><br><br>1854 NE 164 Street<br>North Miami Beach, FL 33162                                                                                                              | Free (grant-funded) Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for children age 5-18               | <b>Phone:</b> (786) 391-2375<br><br><b>Email:</b> info@myga.org<br><br><b>Website:</b> myga.org                          |
| <b>Lotus House (The Sundari Foundation, Inc.)</b><br><br>217 NW 15th Street,<br>Miami, Florida 33136                                                                                               | Free (grant-funded) Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for children age 3-18               | <b>Phone:</b> (305) 438-0556<br><br><b>Email:</b> love@lotushouse.org<br><br><b>Website:</b> lotushouse.org              |

## Section 2. Services for Children (5-12 years) *continued*

| Program Name & Address                                                                   | Services Provided                                                                                                                                                           | Contact Information                                                                                                                                                                                              |
|------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>The Village South/Westcare</b><br>1633 Poinciana Drive,<br>Pembroke Pines, FL 33025   | In-home outpatient mental health treatment for children age 12-17; Substance Use Disorder treatment for pregnant women and mothers with children and co-occurring disorders | <b>Phone:</b> (800) 443-3784<br><b>Website:</b> <a href="http://villagesouth.org">villagesouth.org</a>                                                                                                           |
| <b>Empowering Youth, Inc.</b><br>1031 Ives Dairy Road, Suite 228<br>Miami, Florida 33179 | Free (grant-funded) Culturally Informed & Flexible Family-Based Treatment for Adolescence (CIFTA), age 11-18                                                                | <b>Phone:</b> (305) 654-7251<br><b>Email:</b> <a href="mailto:info@empoweringyouthinc.org">info@empoweringyouthinc.org</a><br><b>Website:</b> <a href="http://empoweringyouthinc.org">empoweringyouthinc.org</a> |
| <b>Larkin Hospital South Miami</b><br>7031 SW 62nd Ave,<br>South Miami, Florida 33143    | Crisis Unit (inpatient psychiatric stabilization)                                                                                                                           | <b>Phone:</b> (754) 777-5600<br><b>Website:</b> <a href="http://larkinhealth.com">larkinhealth.com</a>                                                                                                           |



### Section 3. Services for Teens (13-18 years)

| Program Name & Address                                                                                                                                              | Services Provided                                                                                                                     | Contact Information                                                                                                                                                                                      |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Advocacy Network on Disabilities</b><br><br>7990 SW 117th Ave, Suite 135,<br>Miami, FL 33183                                                                     | Free (grant-funded) Trauma-Focused Cognitive Behavior Therapy (TF-CBT) for children age 3-22 with developmental or other disabilities | <b>Phone:</b> (305) 596-1160<br><br><b>Website:</b> <a href="http://advocacynetwork.org">advocacynetwork.org</a>                                                                                         |
| <b>University of Miami Center for Autism &amp; Related Disabilities (CARD)</b><br><br>5665 Ponce de Leon Blvd,<br>Flipse Bldg, 2nd Floor,<br>Coral Gables, FL 33146 | Free services and support for children with autism & related disabilities                                                             | <b>Phone:</b> (305) 284-6563<br><br><b>Email:</b> <a href="mailto:card@miami.edu">card@miami.edu</a><br><br><b>Website:</b> <a href="http://card.miami.edu">card.miami.edu</a>                           |
| <b>Center for Family Child Enrichment</b><br><br>1825 NW 167th St., Suite 102,<br>Miami Gardens, FL 33056                                                           | Individual and Family Therapy, Psychiatry, and case management                                                                        | <b>Phone:</b> (305) 624-7450<br><br><b>Email:</b> <a href="mailto:info@cfceinc.org">info@cfceinc.org</a><br><br><b>Website:</b> <a href="http://cfcecares.org">cfcecares.org</a>                         |
| <b>Banyan Community Health</b><br><br>3733 W Flagler St.<br>Miami FL 33134                                                                                          | Therapy, Psychiatry, and case management for children age 7-17                                                                        | <b>Phone:</b> (305) 774-3400<br><br><b>Website:</b> <a href="http://banyanhealth.org">banyanhealth.org</a>                                                                                               |
| <b>Jackson Behavioral Health Hospital (UHealth)</b><br><br>1695 NW 9th Ave,<br>Miami, FL 33136                                                                      | Outpatient behavioral health services for children age 6-17;<br><br>Crisis Unit (inpatient psychiatric stabilization)                 | <b>Phone:</b> (305) 355-7000<br><br><b>Website:</b> <a href="http://jacksonhealth.org">jacksonhealth.org</a>                                                                                             |
| <b>Jewish Community Services of South Florida</b><br><br>Countywide access                                                                                          | Mental health counseling for children age 5-18                                                                                        | <b>Phone:</b> (305) 576-6550<br><br><b>Website:</b> <a href="http://jcsfl.org">jcsfl.org</a>                                                                                                             |
| <b>Citrus Health Network Pediatric Behavioral Health</b><br><br>4175 W 20th Ave,<br>Hialeah, FL 33012                                                               | Pediatric behavioral health, family therapy for children age 5-17;<br><br>Children's Crisis Unit (inpatient psychiatric intervention) | <b>Phone:</b> (305) 825-0300<br><br><b>Website:</b> <a href="http://citrushealth.org">citrushealth.org</a>                                                                                               |
| <b>University of Miami Child &amp; Adolescent Mood and Anxiety Treatment Program (CAMAT)</b><br><br>5665 Ponce de Leon Blvd, Coral Gables, FL 33146                 | Free (grant-funded) Cognitive Behavior Therapy treatment program for mood and anxiety disorders for children age 11-18                | <b>Phone:</b> (305) 284-9852<br><br><b>Email:</b> <a href="mailto:camatprogram@miami.edu">camatprogram@miami.edu</a><br><br><b>Website:</b> <a href="http://camat.psy.miami.edu">camat.psy.miami.edu</a> |
| <b>Community Health of South Florida (CHI)</b><br><br>10300 SW 216th Street,<br>Miami, FL 33190                                                                     | Pediatric & adolescent behavioral health                                                                                              | <b>Phone:</b> (305) 253-5100<br><br><b>Website:</b> <a href="http://chisouthfl.org">chisouthfl.org</a>                                                                                                   |

### Section 3. Services for Teens (13-18 years) *continued*

| Program Name & Address                                                                                                                                                                             | Services Provided                                                                                            | Contact Information                                                                                                      |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|
| <b>Nicklaus Children's Hospital - Pediatric Psychiatry</b><br><br>3100 SW 62nd Ave,<br>Miami, FL 33155                                                                                             | Pediatric psychiatry and psychology for age 6-18;<br><br>Crisis Unit (inpatient psychiatric stabilization)   | <b>Phone:</b> (305) 663-8439<br><br><b>Website:</b> nicklauschildrens.org                                                |
| <b>LSF Miami Bridge</b><br><br>2810 NW South River Drive,<br>Miami, FL 33125                                                                                                                       | Youth shelter, counseling and crisis intervention, age 10-17                                                 | <b>Phone:</b> (305) 635-8953<br><br><b>Website:</b> miamibridge.org                                                      |
| <b>University of Miami Educational &amp; Psychological Studies Culturally Informed and Flexible Family Based Treatment (CIFFTA) Program</b><br><br>5202 University Drive<br>Coral Gables, FL 33124 | Free (grant-funded) Culturally Informed & Flexible Family-Based Treatment for Adolescence (CIFTA), age 11-18 | <b>Phone:</b> (305) 284-3040<br><br><b>Email:</b> kao43@miami.edu                                                        |
| <b>Kristi House</b><br><br>1265 NW 12th Ave.<br>Miami, FL 33136                                                                                                                                    | Trauma-Focused Cognitive Behavior Therapy (TF-CBT) for children age 5-17                                     | <b>Phone:</b> (305) 547-6800<br><br><b>Email:</b> info@kristihouse.org<br><br><b>Website:</b> kristihouse.org            |
| <b>Trauma Resolution Center</b><br><br>2650 SW 27th Ave., Suite 200<br>Miami, FL 33133                                                                                                             | Trauma-Focused Cognitive Behavior Therapy (TF-CBT) for children age 5-17                                     | <b>Phone:</b> (305) 374-9990<br><br><b>Email:</b> info@thetrcenter.org<br><br><b>Website:</b> traumaresolutioncenter.net |
| <b>MUJER</b><br><br>27112 South Dixie Highway<br>Naranja, FL 33032                                                                                                                                 | Counseling for children ages 5-16 who have suffered the effects of domestic violence and/or sexual abuse     | <b>Phone:</b> (305) 247-1388<br><br><b>Email:</b> receptionist@mujerfla.org<br><br><b>Website:</b> mujerfla.org          |
| <b>Affirming Youth Foundation Inc.</b><br><br>150 NW 79 Street, Suite 342<br>Miami, FL 33150                                                                                                       | Free (grant-funded) Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for children age 5-18               | <b>Phone:</b> (305) 230-4598<br><br><b>Email:</b> referral@affirmingyouth.org<br><br><b>Website:</b> affirmingyouth.org  |
| <b>Barry University's CARE Center</b><br><br>11300 NE 2nd Ave.<br>Miami Shores, Florida 33161                                                                                                      | Free (grant-funded) Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for children age 5-18               | <b>Phone:</b> (305) 915-5466<br><br><b>Website:</b> barry.edu/en/care-center                                             |

### Section 3. Services for Teens (13-18 years) *continued*

| Program Name & Address                                                                               | Services Provided                                                                                                                                                           | Contact Information                                                                                                         |
|------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| <b>Gang Alternative, Inc</b><br><br>1854 NE 164 St.<br>North Miami Beach, FL 33162                   | Free (grant-funded) Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for children age 5-18                                                                              | <b>Phone:</b> (786) 391-2375<br><br><b>Email:</b> info@myga.org<br><br><b>Website:</b> myga.org                             |
| <b>Lotus House (The Sundari Foundation, Inc.)</b><br><br>217 NW 15th Street,<br>Miami, Florida 33136 | Free (grant-funded) Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for children age 3-18                                                                              | <b>Phone:</b> (305) 438-0556<br><br><b>Email:</b> love@lotushouse.org<br><br><b>Website:</b> lotushouse.org                 |
| <b>The Village South/ Westcare</b><br><br>1633 Poinciana Drive,<br>Pembroke Pines, FL 33025          | In-home outpatient mental health treatment for children age 12-17; Substance Use Disorder treatment for pregnant women and mothers with children and co-occurring disorders | <b>Phone:</b> (800) 443-3784<br><br><b>Email:</b> villagesouth.org                                                          |
| <b>Empowering Youth, Inc.</b><br><br>1031 Ives Dairy Road, Suite 228<br>Miami, Florida 33179         | Free (grant-funded) Culturally Informed & Flexible Family-Based Treatment for Adolescence (CIFTA), age 11-18                                                                | <b>Phone:</b> (305) 654-7251<br><br><b>Email:</b> info@empoweringyouthinc.org<br><br><b>Website:</b> empoweringyouthinc.org |
| <b>Larkin Hospital South Miami</b><br><br>7031 SW 62nd Ave,<br>South Miami, FL 33143                 | Crisis Unit (inpatient psychiatric stabilization)                                                                                                                           | <b>Phone:</b> (754) 777-5600                                                                                                |





## What is Mayor Daniella Levine Cava's Blue Ribbon Children's Commission?

As part of the countywide commitment to **Thrive305**, the **Mayor's Blue Ribbon Children's Commission** strives to ensure that every child has access to a continuum of care, embracing our WISE305 values and **No Wrong Door** approach, where every point of entry connects people to the comprehensive support they need to thrive. So that no matter where families turn, they'll find the support they need to succeed.

Established in April 2022, the **Mayor's Blue Ribbon Children's Commission** presents the **Roadmap for Child Success** as a strategic call to action for making Miami-Dade the most child-friendly County in the nation. This Commission is comprised of Miami-Dade's fathers, mothers, caregivers, and the expansive array of early childhood, learning, and family-oriented community-based organizations and public entities.

## What is the Mayor's Children's Commission's Adverse Childhood Experiences (ACEs) Special Committee?

The mission of the **ACEs Special Committee** is to lay the foundation for a movement to prevent & heal ACEs in Miami-Dade County.

The Committee envisions a Miami-Dade where every child grows up in a safe, supportive, and trauma-informed community, surrounded by caring adults, equitable systems, and opportunities to thrive. Their goal is not just to prevent harm, but to foster healing, build resilience, and create lasting cycles of wellbeing.

The Committee believes a thriving child needs a healed caregiver, and both deserve systems rooted in compassion, dignity, and connection. By centering lived experience and prioritizing emotional safety, our community can co-create solutions that reflect the voices and wisdom of those most impacted by ACEs.

Together, everyone can work towards building a more resilient Miami, one that is prepared for political, environmental, and social challenges because its foundation is strong, inclusive, and united in purpose. This is how cycles are broken. This is how the future is built.

## Thank You

Thank you to the members of Mayor Daniella Levine Cava's Blue Ribbon Children's Commission's ACEs Special Committee, including Co-Chairs Dr. Christine Hughes and Community Services Department Assistant Director Latawun Bess.

Your collective efforts will help push Miami-Dade County to becoming the most child-friendly county in the nation and will be pivotal in achieving a Miami-Dade where every child grows up in a safe and supportive community sensitive to those impacted by trauma, surrounded by caring adults, and with abundant opportunities to thrive.

## A Special Thank You

A special thank you to Vanessa Bedoya of ChoiceMD for her vision and support in establishing and launching the ACEs Special Committee and in the development of this Guide.





[miamidade.gov/mayorschildrenscommission](http://miamidade.gov/mayorschildrenscommission)



**Miami-Dade County  
Community Services  
Department**

701 NW 1st Court, 10th Floor  
Miami, FL 33136

786-469-4600 or call 311  
[miamidade.gov/SocialServices](http://miamidade.gov/SocialServices)



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#CommunityServices305

